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## INSTRUCTIONS FOR PULMONARY FUNCTION TESTING (PFT)

No smoking 4-6 hours prior to testing.

Inhalers: PLEASE STOP:

Advair--12 hours prior to testing

Servent--12 hours prior to testing

Foradil or Symbicort--12 hours prior to testing

Singulair--24 hours prior to testing

Spiriva--24 hours prior to testing

All other inhalers 6-8 hours prior to testing.

No lipstick.

No fingernail polish.

Don't eat a heavy meal before the test.

Dress comfortably.

Please arrive 15 minutes before scheduled appointment.